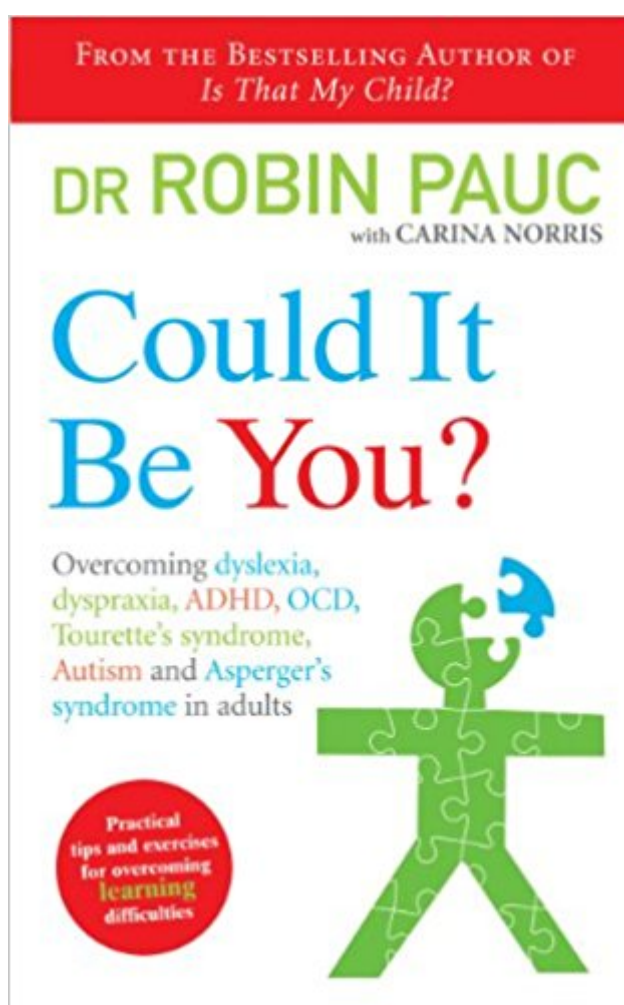


The book was found

Could It Be You?: Overcoming Dyslexia, Dyspraxia, ADHD, OCD, Tourette's Syndrome, Autism And Asperger's Syndrome In Adults



Synopsis

Following the massive success of his first book *Is That My Child?* - the groundbreaking guide to overcoming learning difficulties in children - Dr Robin Pauc turns his attention to adults and provides a revolutionary new way of understanding and treating conditions from dyslexia and dyspraxia to ADHD and Tourette's Syndrome. With sound advice, dietary tips and brain exercises, Dr Pauc explains the history of adult learning difficulties and provides a lifeline to those suffering from these conditions, including:

- The impact of learning difficulties on adults
- The history and symptoms of learning difficulties
- Practical ways to treat Dyslexia, Dyspraxia, ADD/ADHD, OCD, Tourette's, Autism and Asperger's syndrome
- How diet can help adults with learning difficulties
- General and specific exercises to help

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Customer Reviews

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Gut and Psychology Syndrome: Natural Treatment for Autism, ADD/ADHD, Dyslexia, Dyspraxia, Depression, Schizophrenia
Is That My Child?: Exploding the Myths of Dyspraxia, Dyslexia, Tourette's Syndrome of Childhood, ADD
Gut and Psychology Syndrome: Natural Treatment for Autism, Dyspraxia, A.D.D., Dyslexia, A.D.H.D., Depression, Schizophrenia
ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders)
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Eating for Autism: The 10-Step Nutrition Plan to Help Treat Your Child's Autism, Asperger's, or ADHD
Dyslexia Help Handbook for Parents: Your Guide to Overcoming Dyslexia Including Tools You Can Use for Learning Empowerment (Learning Abled Kids' How-To Books for Enhanced Educational Outcomes 2)
Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar, and More!: The one stop guide for parents, teachers, and other professionals
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